

### Reflective Journal Instructions

*Write a short journal entry about your service / training week. Discuss what you gained / learned during the week, accomplishments, and ways to improve your service to your site, fellow members, students and community. In your journal answer the following:*

AmeriCorps member: \_\_\_\_\_ Week that is being reflected: \_\_\_\_\_

**What I did:** (explain what you did this week – your activities, projects, trainings)

**What I enjoyed:** (write about what you liked most about this week, your accomplishments)

**What I found difficult:** (write about any part of the service / training that was hard to do)

**What really worked:** (write about any part that you thought worked well)

**Next time:** (write what you would do differently next time)

